

How to count with your children

Adult: I'm going to count from 1 to 3 and I want you to say it after me. 1, 2, 3. Ready?

Adult & Child: 1, 2, 3

Adult: Now I'm going to count from 4 to 6 and I want you to say it after me. 4, 5, 6. Ready?

Adult & Child: 4, 5, 6

Adult: Can you try counting from 1 to 5 by yourself

Child: 1, 2, 3, 4, 5

Adult: Can you count from 2 to 6?

Child: 2, 3, 4, 5, 6

Adult: I'm going to say some numbers and I want you to say the next number. 6, 7, 8,

Child: 9

This can be repeated with any numbers.

As rough guide:

4, 5 and 6 year olds	Counting from 1 to 10
5, 6 and 7 year olds	Counting from 1 to 20
6, 7 and 8 year olds	Counting from 1 to 100
7, 8 and 9 year olds	Counting from 1 to 100 (and beyond)

Other counting ideas:

- ★ Counting backwards "*like a space countdown 3, 2, 1*"
- ★ Starting at random numbers "*start at 5 and I'll say stop*"
- ★ Take turns counting *adult: 1, child: 2, adult: 3, child: 4*
- ★ What number comes **after** 8?
- ★ What number comes **before** 6?

Increase the numbers depending on how your child gets on.

Children love to be challenged and love the chance to show off at home!