

Put a Spring in your step with HSCL Scoil Mhuire!



Everything worthwhile starts with a belief in life.
Patrick Kavanagh

Self Esteem: You and Your Child!

The attendance at our positive parenting course has been fantastic. We are to report a full house. Wynn Irwin has proved, yet again, to be a big draw and her style of delivery is very popular. The feedback from the parents attending has been very positive. We hope to run further parenting courses subject to demand so if you are interested please let us know!



Mobile contact numbers:

Cliona:

086 4126865

Mary:

087 9978697

Free Stress Control Classes

Where? New-bridge Library

When? Every Wednesday
March 26-30
April

What time? 10-11:30am

With Dr Gary Collins Psychologist

Thank you!

A huge thank you to Don Nea for all his work in the Parents' Room. We thoroughly enjoyed his guitar classes and his sense of fun. We look forward to seeing his band of parents appearing on the X Factor next September!



Art Classes for All!

Starting Tuesday 25th of February we will be running a series of Art classes. The emphasis is on fun and relaxation so pop along if you fancy doing something a little different.



What does the Parent's Room mean to you?

We are a confidential service for parents.

We are here to listen and offer support in any way that we can.

Meditation Mornings

Meditation mornings continue every Monday. Take some time out from your busy day and find a little oasis of calm in the Parents' Room. The friendly environment is easy to come into and is an excellent way to meet other parents. Drop in next Monday at 9am and take a chance.



Walking Club!

Calling all fans of Operation Transformation!! Newbridge Family Resource Centre has a Walking Club running every Thursday morning at 11am and we are encouraging as many parents as possible to join in the fun.



Homework Help!

Wondering what the new subtraction is all about? Confused by long division? Frazzled by fractions?? Now is your chance to catch up before your children catch you out! If your children are moving from senior classes into Secondary School this is the perfect opportunity to get ahead of the posse. Our maths course starts on Wednesday March 19th with VEC tutor Frank Cox and runs for 6 weeks. Places are limited so book early to avoid disappointment!



Lots of New Faces!

This year has seen a lot of new people come into the parents room during the first term. The Parents ' Room is primarily about supporting parents so they can support their children's education in a positive and friendly fashion. We are always available to help and glad to see the "old" faces keep coming back too! Thank you to all who join us, keep on coming, Clíona & Mary

